



**'Academies in Christ' Part of the Archdiocese of Southwark**

## St Thomas More Catholic Primary School PE and Sport Premium Strategy

**Academic Year: September 2025 - August 2026**

**Total fund allocated: £19,560**

### **Purpose of the premium**

The premium must be used to fund additional and sustainable improvements to the provision of P.E. and sport, for the benefit of primary-aged pupils to encourage the development of healthy, active lifestyles.

The Secretary of State does not consider the following expenditure as falling within the scope of additional or sustainable improvement:

- Employing coaches or specialist teachers to cover planning, preparation and assessment (PPA) arrangements - these should come out of schools' core staffing budgets
- Teaching the minimum requirements of the existing P.E. curriculum

**Overview for St Thomas More Catholic Primary School's strategies for improving pupils' P.E. and sport participation and attainment and giving pupils the opportunity to develop a healthy, active lifestyle.**

**We spend our PE and sports premium in the following ways to improve PE and sports participation and to enable pupils to develop a healthy and active lifestyle:**

- Investment in the professional development of our staff so they can teach high quality PE
- Providing CPD with impact for teachers and support staff on teaching PE and playground games.
- Commissioning the work of external coaches who team-teach classes throughout the year; modelling how to teach their sports thus providing CPD opportunities to teachers and TAs.
- Setting up and running after school sports clubs to promote sports and activity for a range of pupils.
- Increasing the amount of competitive sport our children participate in and increasing pupils' participation in school competitions with other local school as well as increasing the competitive sports within the diocese.
- Purchasing equipment to offer access to new sports games and physical activities as relevant.

- Creating opportunities for our pupils to take part in inter-school competitions.
  - Offering subsidised sporting clubs to children; giving access to a wide range of sporting opportunities.
- Our rationale for spending money in this way is:

- PE lessons to be judged as at least 'Good' and pupils to make good progress in PE skills and knowledge each year.
- Continuing professional development for teachers improves their confidence and ability to deliver quality first teaching of PE, staff have access to continued professional development across the year

- Our children benefit and make progress regardless of sporting ability
- Children are given the opportunity to compete in competitions regardless of ability
- Children become more aware of the importance of physical activity for physical and mental health and how the improvements made will be sustainable in the future:
- Pupils to leave St Thomas More School with a positive self-image of themselves as sports participants.
- By accessing a range of different sports, pupils will maintain a healthy lifestyle.
- More pupils want to take up sport after school and post primary school.
- Staff are confident in teaching good engaging PE lessons where pupils are visibly active and learning.
  - Staff are confident in supporting pupils in making progress and developing their understanding of skills and knowledge of PE.

**A breakdown of the projected expenditure for the year 2025/26 is shown below, together with its intended impact.**

**Key indicator 1: Engagement of all pupils in regular physical activity**

| <b>Academy focus</b>                                                                                                                             | <b>Actions to achieve</b>                                                                                                                             | <b>Funding allocated</b> | <b>Intended impact</b>                                                                                                                                                                                                                                                                                                                                           | <b>Evidence, impact and suggested next steps.<br/>(Completed at end of school year.)</b>                                                                                                     |
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| Ensure the engagement of all pupils in regular physical activity – laying the foundations for regular exercise and long-term healthy lifestyles. | To improve playground games and pupil's activity levels at breaktimes and lunchtimes                                                                  | £120                     | All pupils benefit from purposeful games and adult led activities to engage during breaktimes and lunchtimes. Older pupils trained as sports crew to then rotate with KS1 playground adults teaching games and leading group activities. Equipment boxes and bags provided. KS2 supervises trained in playground games and new equipment with storage facilities | Pupils are highly engaged and enthused about breaktimes and lunchtimes with plenty of activities to choose from with adults leading or initiating ideas.                                     |
|                                                                                                                                                  | To take part in community- led initiatives such as Walk on Wednesday and The Big Walk and Wheel                                                       | £0                       | Encouraging pupils and their families/carers to be more active and exercise on the way to school by using class competition and assembly to explain the reasons behind these ideas.                                                                                                                                                                              | Pupils and the wider school family are on board with leading more active and healthy lives starting with their journeys to and from school.                                                  |
|                                                                                                                                                  | To encourage pupils less active or inclined to participate in lessons or SEND to be invited to early morning boxing and exercise classes once a week. | £1691                    | Pupils less inclined to be active are actively encouraged and invited to boxing and exercise club for up to 2 terms to provide healthy life style and help them engage within lessons better and help with concentration for SEND.                                                                                                                               | Very popular and successful club run by outside agency Sport on Your Doorstep. Will continue next year with a combination of boxing and multi-sports approach so pupils have a term of each. |

**Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement.**

| <b>Academy focus</b>                                                                                          | <b>Actions to achieve</b>                                                                                                                                                     | <b>Funding allocated</b> | <b>Intended impact</b>                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>Evidence, impact and suggested next steps. (Completed at end of school year.)</b>                                                                                                                                                                                                                              |
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| Audit PE provision, school sports and physical activity in the school.                                        | Audit sports equipment and storage and how this is used effectively in PE sessions.<br>Audit staff confidence and skills levels.<br>Audit the use of Get Set 4 PE assessment. | £0                       | <p>Subject leader to monitor the use and quality of sports equipment and how it is being used.</p> <p>Subject leader will work with Strive to ascertain clear perspective of current provision and how it needs to be developed.</p> <p>Subject leader to have regular review meetings and feedback on areas of development from Strive after 1:1 teaching support sessions. Do any staff require more or less support? How can we do this?</p> | <p>Mapped curriculum working to ensure skills are progressive from EYFS to Yr6.</p> <p>Use of STEP approach for ensuring SEND pupils have full access to PE lessons and can safely and wholly engage in lessons.</p> <p>How can equipment or planning be modified or adapted in other ways to suit SEND need?</p> |
| Promote the MYG competition to all pupils within school and enter a range of different sporting competitions. | Reward certificated and medals in assembly<br>Membership fee to MYG Promote the activities on social media.                                                                   | £600                     | More pupils will want to take part in competitive sport. Children will be aware of different activities and want to participate in a wider range of sports.                                                                                                                                                                                                                                                                                     | High waiting lists for sporting clubs that feed into competition events. Pupils response during events and whole school engagement in assemblies and supporting and applauding those that attend events raising the profile of sport successfully.                                                                |

### Key Indicator 3: Increased confidence and skills for all staff in the teaching of PE and sport

| Academy focus                                                                                                    | Actions to achieve                                                                                                                                                     | Funding allocated | Intended impact                                                                                                                                                                                                                                                                                                                                                                     | Evidence, impact and suggested next steps. (Completed at end of school year.)                                                                                                                                                                                                                                                                      |
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| To improve quality of teaching and learning of PE using Strive to provide 1:1 teaching support and CPD sessions. | Using specialist PE providers to team-teach with early career teachers and those who move phases. Survey teaching staff regarding confidence, knowledge and skills.    | £7680             | Teachers are confident in teaching well-structured engaging and active PE lessons.<br>Teachers show good behaviour management strategies ensure all pupils are engaged and participating in lessons.<br>Teachers becoming more confident in support the less able and challenging the most able pupils.<br>Pupils make good progress against the curriculum targets and objectives. | Extremely positive feedback with team teaching and the quality of lessons greatly improved.<br><br>Pupils more engaged, active and enjoying the PE lessons.                                                                                                                                                                                        |
| To provide good quality PE lesson plans and CPD opportunities within the GetSet4 PE scheme or other providers.   | Provide all staff with voluntary access to all lesson plans that are progressive and balanced. Provide opportunities for quality CPD courses as they become available. | £584.25           | Lessons are well-led and progressive across each term and build upon previous years' skills and knowledge.<br><br>Teachers build confidence in own PE knowledge and teaching.<br><br>Teachers can access CPD when needed across a range of sports and areas of PE.                                                                                                                  | Lessons are led well by teachers and when team-teaching opportunities. Lessons are of high quality and progressive across each term and build upon previous years' skills and knowledge.<br><br>Teachers are gaining confidence in own PE knowledge and teaching.<br><br>Teachers access CPD when needed across a range of sports and areas of PE. |

**Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils.**

| <b>Academy focus</b>                                                                                                                                                                                                                        | <b>Actions to achieve</b>                                                                                                                                                                             | <b>Funding allocated</b> | <b>Intended impact</b>                                                                                                                                                                                                  | <b>Evidence, impact and suggested next steps. (Completed at end of school year.)</b>                                                                                                                                                                                              |
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| <p>To provide a range of after school clubs to enable all children the opportunity to experience new skills</p> <p>Provide an afterschool club that encourages competition and offers the chance to attend competitive sporting events.</p> | <p>Through Strive coaching and teaching staff provide a range of sports clubs each term for all year groups some of which lead to competing in competition events outside school such as the MYG.</p> | £960                     | <p>All pupils have an opportunity to attend a sports club , some of which are selected for competition events outside school such as MYG and local school dance competitions—mainly year 5 and 6 pupils at present.</p> | <p>Pupils are keen to participate in sports clubs and numbers of attendance are high with possible waiting lists for those clubs exceeding numbers wishing to join.</p> <p>To run more sports clubs for younger pupils in KS1 to be led by teaching staff ideally 1 per term.</p> |
| <p>To improve levels of swimming to pupils not having reached targeted 25m</p>                                                                                                                                                              | <p>To invite Year 6 and Year 5 pupils not previously able to swim 25m booster swim lessons to improve confidence and competence in water within smaller groups.</p>                                   | £1850                    | <p>For more Year 6 pupils being confident in the water and being able to achieve a swim distance of 25m</p>                                                                                                             | <p>Not a high uptake of those invited but those that did made good improvements with all improving confidence and distance of swimming with 40% then achieving 25m either front crawl, backstroke or both.</p>                                                                    |
| <p>Extension opportunities in swimming for those greater depth swimmers including life-saving knowledge and practical skills</p>                                                                                                            | <p>To invite Year 6 pupils that are more confident swimmers the opportunity to take part in life-saving lessons over the course of a term.</p>                                                        | £370                     | <p>For Year 6 greater depth swimmers to have the opportunities to further their swimming and learning life-saving skills.</p>                                                                                           | <p>A good uptake for these lessons and worked well within the time frame of one term. To do the same for next year.</p> <p>All pupils taking part were successful at the life-saving skills and passed the required standards.</p>                                                |

## Key Indicator 5: Increased participation in competitive sports

| Academy focus                                                                                         | Actions to achieve                                                                                                                                                                                                                                       | Funding allocated | Intended impact                                                                                                                                | Evidence, impact and suggested next steps. (Completed at end of school year.)                                                                                                                                                                                                                |
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| To participate in a variety of competitive sporting events at a school, deanery and local area level. | <p>Participate in Medway Mini Youth Games Schools Sports Partnership organised activities.</p> <p>Ensure transport is available to get children to events to allow more children the opportunity to take part in a range of sports and competitions.</p> | £5598.96          | Increase in the number of pupils participating in a range of sporting competitions. A higher level of importance placed on competitive sports. | <p>Due to staffing levels competitions have been entered and attended with Support of Strive PE coaches.</p> <p>Pupils are encouraged to share awards, medals and achievements from outside school and outside sports clubs are often promoted through this and links on school website.</p> |
| To encourage competitiveness through the participation of Whole school Sports Day.                    | To organise and run whole school sports day during the summer term with separate events for FS/KS1 and KS2 and a variety of team and individual events to promote team work and competitiveness.                                                         | £266.21           | To encourage full participation with parents/carers invited to attend.<br>A fun yet competitive feeling for all pupils.                        | <p>Always one of the highlights of the school calendar and attended by over 95% of parents/carers.</p> <p>All pupils able to participate did so and enjoyed the day.</p> <p>Next year to work out timings and allow longer for transitions between races.</p>                                |

## Other Indicators identified by academy: To improve mental well-being of staff and pupils

| Academy focus                                                                                                          | Actions to achieve                                                                                                                                                                                                                                                             | Funding allocated | Intended impact                                                                                                                                                                                                                | Evidence, impact and suggested next steps. (Completed at end of school year.)                                                                                                                                 |
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| To improve well-being and the mental health of pupils to ensure pupils have a resilient attitude and positive outlook. | <p>Work with Medway mental health advisory service to promote well-being across the school. Assemblies led by well-being specialists.</p> <p>To use PHSE lessons to promote ideas of positive well-being and good mental and physical health and how they can be combined.</p> | £0                | <p>Pupils to have a better awareness of what good mental health is and the positive impact that physical activity has on this.</p> <p>Pupils to become more resilient and know how to self-regulate in certain situations.</p> | Pupils are quicker to self-regulate, know what to do and where to go if triggers are apparent.                                                                                                                |
|                                                                                                                        | <p>Promote movement breaks within class for SEND pupils and for whole class at certain points during the day. Use of Interactive programs such as GoNoodle for movement breaks.</p> <p>Create a calm area in classrooms and during lunchtimes.</p>                             |                   | Children are more physically active improving physical and mental health.                                                                                                                                                      | <p>Teachers are prepared with positive mental health breaks, solutions and ideas to use with individuals and whole class.</p> <p>Teachers use time outs or movements breaks for SEND children more often.</p> |

**Total Expenditure £19,720.42**